

Kerry Van Dyke

Kerry Van Dyke has been involved with art since she was a young girl growing up in Sacramento. Her art is quite varied: realistic, impressionistic and visionary. She enjoys many different mediums: the richness of oils and pastels, the transparency of watercolors, and the detail of rendering with pen and ink, and pencil.

In addition to being an artist, Kerry is a well know art instructor throughout the Sacramento region, having taught in both public and private schools as an Artist in Residence. Her school of art instruction, *Kerry's Art*, founded in 1986 for adults and children, offers a variety of classes; small after-school classes with personalized help, a full summer art camp, and on-going adult, day and evening, classes.

Kerry has a strong commitment to teach fundamental techniques for a variety of art materials or mediums. Her philosophy includes the following.

- The practice of art teaches vital skills of observation and creation, two necessary skills for problem solving in everyday living.
- The practice of art, which is mostly objective (visual, hands-on and interactive) in nature, balances the mostly subjective nature (using mind and memory) of typical education today.
- The practice of art is therapeutic in nature.
- Each person has innate artistic abilities. Understanding what those innate abilities are, what creates obstacles to manifesting them and practicing those abilities creates artistic skills and a feeling of well-being.